

START ON PENTASA®



PENTASA® enema

Your doctor has prescribed you PENTASA® enema to help treat your distal ulcerative colitis. This guide provides you with important details and administration steps for your medication.

PENTASA® enema is used for the treatment of acute distal ulcerative colitis, extending to the splenic flexure, and for long-term maintenance therapy, in order to maintain remission and prevent relapse of active disease.

Distal ulcerative colitis occurs in the last part of the bowel, from the rectum up to the splenic flexure (as illustrated).

Currently, there is no cure for ulcerative colitis, but medications can bring symptoms such as bleeding, diarrhea and/or cramping under control. PENTASA® is used to calm the inflamed tissue. To do this, it must cover the diseased area.

Best results are obtained when the entire enema contents are used, so that complete coverage of the shaded area can occur.

Like all medicines, PENTASA® enemas can cause side effects.

The most common side effects are anal discomfort, irritation at the application site, feeling the urge to have a bowel movement, excessive gas, abdominal pain, vomiting, rash, fatigue, fever, back pain, dizziness, headache, itching skin, diarrhea and nausea.

If any of the side effects become serious or persist, or if you notice any side effects not listed in the consumer information leaflet, please tell your doctor or pharmacist.



For more information about PENTASA®, please consult the consumer information leaflet that came with your medication or call Ferring Canada at 1-866-384-1314.



PENTASA®
MESALAZINE

PENTASA® ENEMA ADMINISTRATION STEPS

IMPORTANT REMINDERS



- Administer the prescribed dose (1 g or 4 g) daily at bedtime
- Use one enema at bedtime for a period of time as directed by your healthcare provider
 - For best results, empty the bowel immediately before the enema is used
 - For **adult** use only

STEP 1

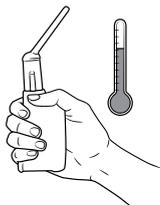


Remove the bottle

Remove the bottle from the protective foil pouch using scissors. Be careful not to puncture the bottle inside.

The enema should be used immediately after opening of the bag.

STEP 2

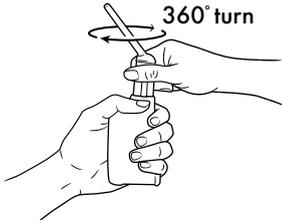


Prepare the medication

Hold the bottle for a few minutes to bring the liquid to a temperature closer to that of your body. This will reduce the temperature shock you might feel and make it easier to keep the enema in.



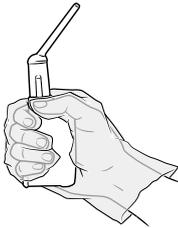
Shake the bottle well until the medicine is evenly distributed in the liquid.



To break the seal, turn the nozzle clockwise one full turn, so it ends up in the same direction as before turning.

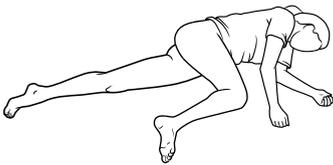


Lubricate the top part of the applicator, including the tip, with petroleum jelly (Vaseline®) or other lubricant.



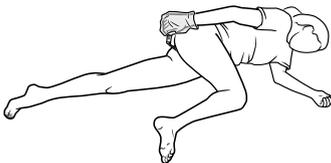
Insert your hand into the plastic bag provided, then hold the bottle as shown.

STEP 3



Administration

Lie on your left side with your left leg straight and the right leg bent forward for balance. This is called the administration position.



Carefully insert the applicator tip into the rectum. Maintain steady hand pressure while dispersing the bottle content. It should take 30 to 40 seconds to insert the entire content of the bottle.

Please see back cover for continuation of administration steps.

STEP 4



Disposal

Once the bottle is empty, withdraw the tip with the bottle still compressed.



Pull up the plastic bag to cover the empty bottle. Discard the empty bagged bottle and wash your hands.



The enema should be kept in the bowel. Stay relaxed in the administration position for 5 to 10 minutes, or until the urge to pass the enema has gone.

If you miss a dose, you should administer one as soon as you remember, **if you are able to retain it**. If not, take your subsequent bedtime dose the next evening.

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CA-PA-2400003



PENTASA®
MESALAZINE

START ON PENTASA®



PENTASA® 1 g suppository

Your doctor has prescribed you PENTASA® suppositories to help treat your ulcerative proctitis. This guide provides you with important details and administration steps for your medication.

PENTASA® suppositories are for the treatment of acute ulcerative proctitis and for long-term maintenance therapy, in order to maintain remission and prevent relapse of active disease.

Acute ulcerative proctitis is an inflammation of the lining of the rectum, which is the last 6 inches of the large intestine.

Currently, there is no cure for ulcerative proctitis, but medications can bring symptoms such as bleeding, diarrhea and/or cramping under control. PENTASA® is used to calm the inflamed tissue. To do this, it must cover the diseased area.

Like all medicines, PENTASA® suppositories can cause side effects.

The most common side effects are anal discomfort, irritation at the application site, feeling the urge to have a bowel movement, excessive gas, abdominal pain, vomiting, rash, fatigue, fever, back pain, dizziness, headache, itching skin (pruritus), diarrhea and nausea.

If any of the side effects become serious or persist, or if you notice any side effects not listed in the consumer information leaflet, please tell your doctor or pharmacist.



For more information about PENTASA®, please consult the consumer information leaflet that came with your medication or call Ferring Canada at 1-866-384-1314.



PENTASA®
MESALAZINE

PENTASA® SUPPOSITORY: ADMINISTRATION STEPS

- For **adult** use only
- **Do not** take a suppository by mouth

STEP 1



If possible, it is recommended to empty your bowel prior to administering the suppository.

STEP 2



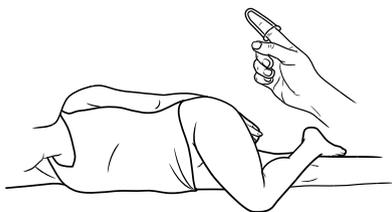
Push the suppository through the foil blister.

STEP 3



To aid with insertion, you may lubricate the suppository with a water-based lubricant.

STEP 4



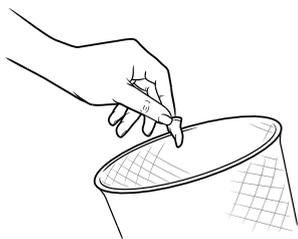
Using a rubber finger protector on your index finger, insert the suppository, either end first, as far into the rectum as possible. This can be done while standing or lying down with one leg bent.

STEP 5



For best results, retain the suppository for as long as possible. If the suppository is discharged within the first 10 minutes, a new one can be inserted.

STEP 6



Discard the rubber finger protector.

PENTASA® SUPPOSITORY

IMPORTANT REMINDERS



Administer the 1 g suppository at bedtime.



Your healthcare provider will determine how long you will use PENTASA® suppositories in order to be consistent with your therapeutic goals.



Do not take a suppository by mouth.

If you miss a dose, you should administer one as soon as you remember, **if you are able to retain it**. If not, take your subsequent bedtime dose the next evening.

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